

SPOTLIGHT

on aged care



Diagnostic Equipment p.3



Your guide to a structured skin care routine is here! Explore Dr. Michelle's expert advice now. p.4-5

PRESSURE MANAGEMENT PRODUCT GUIDE

Ensure patient safety and comfort with our Pressure Management guide packed with products and practical advice. Check it out now!



Nutrition March p.8-9



Ear Irrigation p.7

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Happy New Year

Welcome to 2026 — and to the very first edition of Spotlight on Aged Care for the year.

As the new year begins, we're proud to continue to bring you our quarterly publication as a space dedicated to sharing practical insights, clinical education, and product innovation that genuinely support the aged care community. Each edition shines a light on the practices and products shaping quality care across Australia.

We're delighted to announce the return of in-person wound care education with the launch of our newly refreshed Building Blocks education series, led by Dr Michelle Gibb. Replacing our previous Back to Basics program, this updated series is designed to deliver clear, practical, and evidence-based learning that supports confident decision-making at the point of care of wounds.

Dr Gibb also shares her expertise in this edition's skin care feature, exploring effective strategies for managing incontinence-associated dermatitis (IAD). With a strong emphasis on structured skincare plans — particularly the importance of appropriate cleansing and barrier protection — this article offers practical guidance that can make a meaningful difference to resident comfort and skin integrity.

You'll also find a nutrition update, highlighting what's new from leading brands and how evolving nutritional solutions continue to support health, recovery, and quality of life in aged care settings.

And finally, we're pleased to introduce a new technology solution to our range: the Atellica® LumiIQ™ Urinalysis Analyzer, delivering fast, reliable results to support timely clinical decision-making.

This is just the beginning. We look forward to bringing you fresh insights, expert perspectives, and relevant innovations in every edition of Spotlight on Aged Care throughout the year ahead.

Here's to a positive, informed, and impactful 2026.

Diagnostic Measurement Vital Signs Monitor



Welch Allyn Connex Spot Vital Signs Monitor

Keep track of a patient's vital signs with the Connex Spot Monitor from Welch Allyn. This device is intuitive to use with a crystal-clear touchscreen and comes with a range of wall mounting and mobility stand options.

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- Options for documenting patient observations (like respiration rate and BMI)

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Spot Vital Signs 4400 Mobile Stand

1463640 Each **\$719⁰⁰**



Spot Vital Signs 4400 Desk Stand

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Atellica® LumiIQ™ Urinalysis Analyzer

Atellica LumiIQ Urinalysis Analyzer

Illuminating the intelligence of urinalysis and designed for simplicity, scalability, and efficiency, Atellica LumiIQ Analyzer† merges cutting-edge digital imaging with 80+ years of industry-defining chemistry. This compact, connected, and intuitive analyser provides speed and accuracy with built-in safeguards. Its proprietary Auto-Checks technology offers rapid insights with less human subjectivity and error. The analyser seamlessly integrates into existing infrastructures to scale up capacity as testing volumes increase.



1551450	Module	Each	\$1,049⁰⁰
1551469	Display	Each	\$459⁰⁰
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www.convatec.co.nz

ALWAYS FOLLOW THE DIRECTIONS FOR USE.

References: 1. In-Vitro Performance Characteristics of ConvaMax™, WHR16045 MS161, Data on file, Convatec.

2. The in-vitro physical performance characteristics of ConvaMax™ Superabsorber. AP-030412-MRL.

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A Structured Skin Care Routine Can Reduce IAD



WRITTEN BY

Dr Michelle Gibb

M Nsg Sci (NP) M Wound Care BN CF
Director and Founder of Wound Specialist Services

Incontinence Associated Dermatitis (IAD) is a significant but largely preventable problem (1, 2). IAD is inflammation of the skin because of urinary and/or faecal incontinence (3). The management and prevention of IAD consists of assessment and management of incontinence and adopting a structured skin care routine (1).

A structured skin care routine consists of cleansing the skin prior to application of a skin protectant, protecting the skin to avoid or minimise exposure to urine and/or faeces, and restoring the skin to support and maintain the barrier function of the skin using a suitable leave on product (4).

SSS AUSTRALIA POPULAR SKIN CLEANSERS

<p>HealthSource Jenni Adult Incontinence Wipes</p> <table border="1"> <tr> <td>1231933</td> <td>P20</td> <td>Each</td> <td>\$2⁹⁶</td> </tr> <tr> <td>1315986</td> <td>P50</td> <td>Each</td> <td>\$2⁴⁰</td> </tr> </table>	1231933	P20	Each	\$2 ⁹⁶	1315986	P50	Each	\$2 ⁴⁰	<p>Clinell Contiplan 3 in 1 Cleansing Cream Cloth</p> <table border="1"> <tr> <td>1367269</td> <td>P8</td> <td>Each</td> <td>\$6⁰⁵</td> </tr> <tr> <td>1367277</td> <td>P25</td> <td>Each</td> <td>\$13⁵⁵</td> </tr> </table>	1367269	P8	Each	\$6 ⁰⁵	1367277	P25	Each	\$13 ⁵⁵	<p>Hicare Eco Bath Wipes Resealable Cloth Packs</p> <table border="1"> <tr> <td>1318705</td> <td>Pack 4</td> <td>C50</td> <td>\$55⁹⁰</td> </tr> <tr> <td>1318691</td> <td>Pack 8</td> <td>C30</td> <td>\$53⁰⁰</td> </tr> </table>	1318705	Pack 4	C50	\$55 ⁹⁰	1318691	Pack 8	C30	\$53 ⁰⁰
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<p>Dermalux Towel Bath Concentrate</p> <table border="1"> <tr> <td>1095742</td> <td>5L</td> <td>Each</td> <td>\$94¹⁰</td> </tr> </table>	1095742	5L	Each	\$94 ¹⁰	<p>Molicare Skin Cleanser</p> <table border="1"> <tr> <td>1317490</td> <td>Foam</td> <td>Each</td> <td>\$11⁴⁰</td> </tr> <tr> <td>1317482</td> <td>Moist Tissue</td> <td>P50</td> <td>\$9⁰⁰</td> </tr> </table>	1317490	Foam	Each	\$11 ⁴⁰	1317482	Moist Tissue	P50	\$9 ⁰⁰	<p>Ego QV Gentle Wash Pump</p> <table border="1"> <tr> <td>1336312</td> <td>350ml</td> <td>Each</td> <td>\$8²⁴</td> </tr> <tr> <td>1329049</td> <td>500ml</td> <td>Each</td> <td>\$13⁸⁶</td> </tr> <tr> <td>1315161</td> <td>1L</td> <td>Each</td> <td>\$20²¹</td> </tr> </table>	1336312	350ml	Each	\$8 ²⁴	1329049	500ml	Each	\$13 ⁸⁶	1315161	1L	Each	\$20 ²¹
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Avoid the use of soap for cleansing the skin and instead use products that are as close to neutral pH as possible (4.5-5.5). These products include foam cleansers, moistened body tissues, or emollients that cleanse and moisturise the skin at the same time. Pat the skin dry rather than rub.

After cleansing the skin, it is important to apply a barrier preparation to protect the skin. These products help to maintain the barrier function of the skin by providing an impermeable or semi-permeable barrier to protect it from urine and/or faeces.

Barrier preparations are available as a cream, spray, wipe, or foam-based film. Ideal barrier preparations are those that are non-occlusive and transparent after application allow skin inspection and do not require removal. A barrier preparation should resist water wash off, lock in moisture to hydrate the skin and protect it from moisture.

There are several different types of barrier preparations available. There are silicone polymers which contain dimethicone creating a dry, water-repellent, flexible barrier to protect the skin from moisture whilst also hydrating the skin by locking in moisture (4). Acrylate terpolymers bond to the skin forming a transparent polymer film. Cyanoacrylate-based polymers bond to the stratum corneum of the skin forming a robust

elastomeric polymer film. Unlike pure acrylate terpolymers, cyanoacrylate polymers are resistive to cracking providing greater barrier protection for high-risk areas where there is wet and weeping skin. Barrier preparations usually require application after every episode of incontinence whilst some can provide up to 72 hours of protection. Creams should be thinly applied so they are absorbed into the skin. Barrier preparations should be applied to all areas of the skin in contact with urine and/or faeces.

SSS AUSTRALIA POPULAR SKIN PROTECTANTS & BARRIERS

<p>Molicare Skin Protection Foam</p> <table border="1"> <tr> <td>1317466</td> <td>100ml</td> <td>Each</td> <td>\$12¹⁵</td> </tr> </table>	1317466	100ml	Each	\$12 ¹⁵	<p>Molicare Skintegrity Barrier Cream</p> <table border="1"> <tr> <td>1377167</td> <td>200ml</td> <td>Each</td> <td>\$15³⁰</td> </tr> </table>	1377167	200ml	Each	\$15 ³⁰	<p>Proshield Plus Skin Protect</p> <table border="1"> <tr> <td>1456229</td> <td>4oz Tube</td> <td>Each</td> <td>\$42³⁵</td> </tr> </table>	1456229	4oz Tube	Each	\$42 ³⁵												
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<p>Ego QV Intensive Body Ointment</p> <table border="1"> <tr> <td>1315196</td> <td>Ointment</td> <td>Each</td> <td>\$7⁴⁷</td> </tr> </table>	1315196	Ointment	Each	\$7 ⁴⁷	<p>Askina Barrier Film Spray</p> <table border="1"> <tr> <td>1309773</td> <td>Film Spray</td> <td>Each</td> <td>\$20^{65*}</td> </tr> <tr> <td>1422650</td> <td>Moisturiser</td> <td>Each</td> <td>\$20⁶⁶</td> </tr> <tr> <td>1309765</td> <td>Cream</td> <td>Each</td> <td>\$20⁶³</td> </tr> </table>	1309773	Film Spray	Each	\$20 ^{65*}	1422650	Moisturiser	Each	\$20 ⁶⁶	1309765	Cream	Each	\$20 ⁶³	<p>Remedy Phytoplex Nourishing Skincream</p> <table border="1"> <tr> <td>1418106</td> <td>118g</td> <td>Each</td> <td>\$3⁴⁵</td> </tr> <tr> <td>1393472</td> <td>427ml</td> <td>Each</td> <td>\$9⁵⁵</td> </tr> </table>	1418106	118g	Each	\$3 ⁴⁵	1393472	427ml	Each	\$9 ⁵⁵
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<p>Cavilon Durable Barrier Cream</p> <table border="1"> <tr> <td>1299174</td> <td>28g Tube</td> <td>Each</td> <td>\$9^{85*}</td> </tr> <tr> <td>1298720</td> <td>92g Tube</td> <td>Each</td> <td>\$27^{35*}</td> </tr> </table>			1299174	28g Tube	Each	\$9 ^{85*}	1298720	92g Tube	Each	\$27 ^{35*}																
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Zinc oxide barrier preparations can be difficult to remove and must be applied sparingly or they can clog continence aids. When applied sparingly, petrolatum (petroleum jelly) preparations form an occlusive layer and increase hydration of the skin but can affect the absorption of continence products.

Maintaining skin barrier function can be achieved by using a leave-on skin care product.

If the skin is broken, there is localised erythema and/or signs of fungal or bacterial infection, consider the need for an indwelling catheter and/or faecal management system to temporarily remove the source of inflammation. If there is bacterial and/or fungal infection, then treat the infection using appropriate topical and/or systemic antifungals or antibiotics.

With a structured skin care plan, there should be an improvement in symptoms within 1-2 days and complete resolution within two weeks. However, if there are no signs of improvement or there is deterioration, then refer for specialist advice.

References:

- Dissemond J, Assenheimer B, Gerber V, Hintner M, Puntigam MJ, Kolbig N, et al. Moisture-associated skin damage (MASD): A best practice recommendation from Wund-D.A.CH. J Dtsch Dermatol Ges. 2021;19(6):815-25.
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- Ousey K, O'Connor L. IAD Made Easy. Wounds UK; 2017. p. 1-6.

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Developed in Australia, HiCare Bath and ECOBath Wipes provide a proven, waterless alternative to traditional bed baths for hospitals, aged care and home care environments. As pioneers in disposable bath wipes designed to replace bed baths in clinical settings, HiCare supports faster, cleaner and more efficient patient bathing.

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HiCare

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1318713	Bath (P8)	B25	\$62 ⁶⁰
1318705	Eco Bath (P4)	C50	\$55 ⁹⁰
1318691	Eco Bath (P8)	C30	\$53 ⁰⁰

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ITAC
Conference 2026

INNOVATION TRANSFORMING AGED CARE

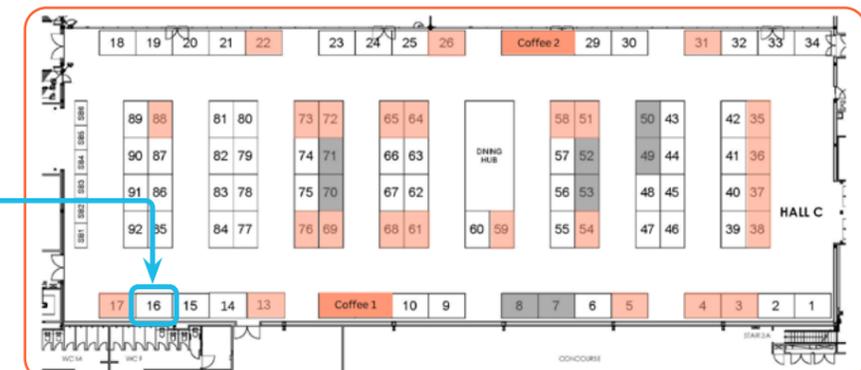
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ITAC 2026 brings together leaders in aged and community care to explore how innovation and digital solutions are transforming outcomes for older Australians. Join us for keynotes, panels and a dynamic exhibition to discover practical tools, connect with peers and lead confidently in a rapidly evolving digital landscape.



Hearing is essential to communication, safety, and quality of life, yet hearing difficulties are often accepted as an inevitable part of ageing. In residential aged care, one of the most common and easily treated causes of hearing loss is cerumen (earwax) impaction. Ear irrigation, when performed by trained clinicians, is a simple intervention that can make a significant difference for residents.

Older adults are more prone to earwax build-up due to age-related changes in the ear canal, reduced natural wax movement, limited self-care ability, and the use of hearing aids. Because many residents have cognitive impairment or difficulty communicating discomfort, earwax impaction is frequently overlooked.

Untreated wax can cause reversible hearing loss, leading to frustration, social withdrawal, and reduced engagement with staff and family. In some cases, hearing loss may mimic or exacerbate symptoms of dementia or delirium, resulting in behavioural changes that are misunderstood or mismanaged. Reduced hearing can also affect safety, limiting a resident's ability to respond to alarms, verbal instructions, or environmental hazards, and may contribute to dizziness or imbalance.

Ear irrigation provides a timely, in-facility solution that can quickly improve hearing, comfort, and communication. For residents who wear hearing aids, wax removal can significantly improve device performance and reduce maintenance issues.

Ear irrigation must be supported by appropriate assessment, staff training, and clinical governance, as it is not suitable for all residents. When delivered safely and appropriately, it is a high-impact, person-centred intervention that enhances dignity, safety, and quality of life in aged care.



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1512536 Each **\$9⁰⁰**

Projet 101 Replacement Tips

1372378 B100 **\$194⁵⁰**

Mushroom & Valve Kit

1270261 Kit **\$57⁶⁰**

References

- National Institute for Health and Care Excellence (NICE). Hearing loss in adults: assessment and management (NG98). UK, 2018.
- Royal Australian College of General Practitioners (RACGP). Ear wax management. RACGP Clinical Guidelines.
- Coppin R, Wicke D, Little P. Managing earwax in primary care: efficacy of self-treatment using a bulb syringe. British Journal of General Practice. 2011;61(591):e668–e673.
- Roland PS, Smith TL, Schwartz SR, et al. Clinical practice guideline: Cerumen impaction. Otolaryngology–Head and Neck Surgery. 2008;139(3 Suppl 2):S1–S21.

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The advanced super absorbent core quickly draws in high volumes of exudate and securely locks it away, reducing the risk of leakage and maceration.
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- Protects Surrounding Skin**
By trapping wound fluid and preventing it from spreading, the dressing helps protect peri-wound skin and minimise maceration - supporting a healthier healing environment.
- Supports Faster Healing**
Maintains an ideal moist wound environment, promoting faster wound closure and improved patient outcomes.



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For management of moderately to heavily exuding wounds, including: leg ulcers, pressure ulcers, diabetic foot ulcers and surgical wounds.

Contraindications

Do not use this product on dry or low exuding wounds, eyes, mucous membranes or in wound cavities because the dressing swells during absorption. Do not use on third-degree burns.

Should not be used on persons with a known allergy or hypersensitivity to the dressing or its components.



1552651	7.5 x 7.5cm	B10	\$16 ¹⁰
1552678	10 x 10cm	B10	\$19 ¹⁵
1552686	20 x 15cm	B10	\$37 ⁹⁵

OMRON

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#Source: "Global Home Appliance Market Comprehensive Survey 2025", Fuji Keizai Co., Ltd (data for 2024)

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A320

Pulse Oximeter

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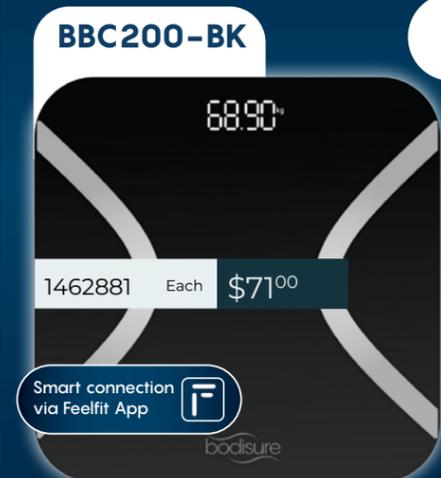
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- Visceral Fat
- Muscle Mass
- Multiple Users

MARCH IS NUTRITION MONTH!

March is Nutrition Month!

Nutrition is an important part of health and well-being for residents in aged care. Good nutrition can help prevent disease, improve cognitive function, and strengthen the immune system.

Key nutrients like calcium, iron, zinc, vitamins D and B12 must be consumed in adequate amounts to support the needs of aging bodies and prevent deficiencies and related health problems. Maintaining good nutrition is important for health, well-being, and quality of life during the later years.

We only supply from the best brands in nutrition...



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Ensure




flavour creations




Nestlé HealthScience




Precise





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Abbott



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1526472	200ml	Vanilla	C30	\$113 ^{45*}
1526464	200ml	Fruits of the Forest	C30	\$113 ^{45*}
1526456	200ml	Chocolate	C30	\$113 ^{45*}

Nutricia



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Precise



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1546643	Crisp Apple Water	Level 1	185ml	C12	\$18 ^{85*}
1546619	Apple & Raspberry Juice	Level 1	185ml	C12	\$20 ^{15*}
1546600	Mixed Carton - Apple & Rasp, Choc & Water	Level 4	185ml	C12	\$26 ^{13*}

Flavour Creations



Flavour Creations Screamies

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1550187	Mango Sorbet	8g	C12	\$35 ⁷⁰
1550179	Mango Sorbet	8g	C36	\$104 ⁶⁵
1550160	Lemon Sorbet	8g	C12	\$35 ⁷⁰
1550152	Lemon Sorbet	8g	C36	\$104 ⁶⁵

AGED CARE essentials



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Item #	Size	UOM
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High quality, budget essential gloves

Item #	Size	UOM
1277405	Small	B100
1227609	Medium	B100
1227618	Large	B100
1232968	X Large	B100

\$8¹⁰ / Box

VOLUME DISCOUNTS!



Crepe Bandages

Item #	Size	UOM	Price
1330756	2.5cm	Each	\$0.67
1330772	7.5cm	Each	\$1.59
1330780	10cm	Each	\$2.05
1330802	15cm	Each	\$2.75



Gloup Medication Lubricant

Item #	Flavour	UOM	Price
1388665	Vanilla (500ml)	Each	\$47.40
1388657	Strawberry/Banana (500ml)	Each	\$37.70
1346229	Orange (500ml)	Each	\$37.70



Shave Foam

Item #	UOM	Price
1280422	Each	\$5



Toothpaste

Item #	UOM	Price
1317253	Each	\$3.55



Steradent

Item #	UOM	Price
1116851	Each	\$11.55



Denture Cups

Item #	UOM	Price
1296345	P50	\$16.25



Denture Cups Lids Only

Item #	UOM	Price
1296353	Each	\$10.35



Sodium Chloride Irr

Item #	Size	UOM	Price
1016687	10ml	B50	\$22
1370960	30ml Sachet	P75	\$21.18
1308602	30ml	B30	\$25.43
1016696	5ml	B50	\$59.15



Water for Injection

Item #	Size	UOM	Price
1016767	10ml Poly Amps	B50	\$22
1306715	2ml Plastic	B200	\$223.75
1016776	5ml Poly Amps	B50	\$46.27*



Heat/Cold Packs

Item #	Description	UOM	Price
1389653	Heat Pack	C40	\$68.40
1385550	Cold Pack	C36	\$27



4 in 1 RAT Test

Item #	UOM	Price
1499351	P5	\$22

PRICE BREAKS AVAILABLE!



KIS Foam Non-Border

Item #	Size	UOM	Price
1468677	5 x 5cm	B10	\$18.50*
1462369	10 x 10cm	B10	\$25.56*
1468707	20 x 10	B10	\$46.80*



Wooden Teaspoons

Item #	UOM	Price
1472968	C2000	\$59



Kleenex Facial Tissues

Item #	Size	UOM	Price
1022488	2 Ply	B100	\$1.95
1022503	2 Ply	B200	\$3.53



Basic Dressing Pack

Item #	UOM	Price
1303562	C160	\$177.20



Safestep Socks

Item #	Size	Colour	UOM
1320157	2-6	Orange	Pair
1320173	7-11	Orange	Pair
1320181	12-15	Orange	Pair

\$4⁸² / Pair

Item #	Size	Colour	UOM
1323059	5-7	Black	Pair
1323040	7-11	Black	Pair

\$7²⁵ / Pair



Detergent Wipes

Item #	UOM
1387804	P48

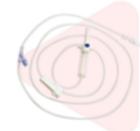
\$3⁰⁴ / PK



Lancets

Item #	UOM
1005745	B100

\$13³⁵ / Box



Infusion Set

Item #	UOM	Price
1459953	Each	\$2.66



Smartsite IV Valve

Item #	UOM	Price
1497006	Each	\$2.85*

Needles

Item #	Size	UOM
1016829	18G x 38mm Drawing Up	B100
1016847	18G x 38mm	B100
1016990	21G x 38mm	B100
1017138	23G x 25mm	B100
1017209	25G x 16mm	B100
1017263	25G x 25mm	B100

\$3³⁵ / Box

Syringes

Item #	Size	UOM	Price
101841	3ml Luer Lock	B100	\$14.85*
1018458	3ml Luer Slip	B100	\$13.47*
1018761	5ml Luer Lock	B100	\$17.55*
1018823	5ml Luer Slip	B100	\$15.98*
1018037	10ml Luer Lock	B100	\$23.30*
1018091	10ml Luer Slip	B100	\$18.86*



Disposable Medicine Cup

Item #	Size	UOM	Price
1369105	30ml Grad	C5000	\$121



Graduated Paper Cup

Item #	Size	UOM	Price
1272918	55ml	C2000	\$89.75



Mepilex Border Flex

Item #	Size	UOM
1394010	7.5 x 7.5cm	B10
1394037	10 x 10cm	B10
1394029	12.5 x 12.5cm	B10
1394045	15 x 15cm	B10
1394053	15 x 20cm	B10



Gauze

Item #	Size	UOM
1290428	Sterile 7.5cm	P5
1206494	Sterile 7.5cm	P3
1308874	Non Sterile 5cm	P100
1308920	Non Sterile 7.5cm	P100
1308939	Non Sterile 10cm	P100



Surgical Face Mask

Item #	UOM	Price
1430807	B50	\$5



P2 N95 Medical Face Mask

Item #	UOM	Price
1521209	B25	\$52.15



Yellow Level 3 Elastic Cuff Gown

Item #	UOM	Price
1476459	C100	\$191.70



Impervious Thumbs Up Gown

Item #	UOM	Price
1234597	C75	\$88.90

GREAT value

UPCOMING 2026

Events & Webinars

	MON	TUE	WED	THU	FRI	SAT	SUN
FEBRUARY							1
	2	3	4 World Cancer Day	5	6	7	8
	9 Royal Hobart Regatta (TAS)	10	11	12	13	14 Valentine's Day	15
	16	17	18	19	20	21	22
	23	24 SSS Australia Webinar	25	26	27	28	
MARCH							1 Nutrition March Melanoma March
	2 Labour Day (WA)	3	4	5 Building Blocks (Sunshine Coast)	6	7	8 International Women's Day
	9 Labour Day (VIC)	10	11	12	13	14	15
	16	17 St Patrick's Day	18	19	20	21	22
	23	24	25	26	27 Building Blocks (Newcastle)	28	29
	30 National Doctor's Day	31 SSS Australia Webinar					
APRIL			1 April Falls Month	2	3 Good Friday	4 Holy Saturday	5 Easter Sunday
	6 Easter Monday	7 World Health Day	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24 World Immunization Week (24.4-30.4)	25 ANZAC Day	26
	27 ANZAC Day Public Holiday (WA)	28 SSS Australia Webinar	29	30			



SCAN HERE or visit www.sssaaustralia.com.au/events for more information on all our upcoming events and webinars!